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Single-use Plastic Cups to be Banned in Tainan

With stores at every corner selling all sorts of seasonal and artisanal tea, Taiwan is a nation of people that loves their drinks. This habit of buying drinks on the go, however, has created a lot of plastic waste. In December 2022, Taipei City banned all beverage sellers from using single-use plastic cups. New Taipei City followed in Taipei City's footsteps, banning single-use plastic cups in May 2023. Starting from Oct. 1, Tainan City will also be putting a similar ban in place. Thousands of beverage shops in Tainan have been informed about the upcoming policy, and staff members have been sent to inform market food stall owners of the new rules as well.

Shops in Taipei and New Taipei have chosen to use paper cups, previously used for hot drinks, instead of plastic. Even before the Tainan ban was announced, many stores have already made the change to paper. In addition to paper, the Tainan City Government Environmental Protection Bureau has also suggested sellers consider switching to cups made of plant fibers such as sugar cane, straw, or rice. Mostly, though, there is a push towards using reusable cups. For example, many beverage stores in Taipei offer a discount to



further encourage customers to bring their own cups.

This ban is made in an effort to curtail the number of plastic cups used by the Taiwanese public; the Tainan bureau believes that this will prevent about 160 million plastic cups from being used and thrown away per year. Sellers that do not follow these new rules may be fined anywhere between NT\$1,200 and NT\$6,000. The ultimate goal is to stop the use of all single-use plastic cups across the nation by 2024.

Reading Comprehension

- () 1. What is the second paragraph mainly about? (main idea)
- (A) Benefits of using paper cups.
 - (B) Reasons for banning plastic cups.
 - (C) Several alternatives to plastic cups.
 - (D) Environmental impact of plastic cups.
- () 2. According to the passage, which of the following cities is the first to ban the use of single-use plastic cups? (supporting details)
- (A) Taipei City.
 - (B) Tainan City.
 - (C) Taichung City.
 - (D) New Taipei City.
3. 請根據文章內容，從文章中選出一個單詞 (word)，填入下列句子的空格，並視語法需要作適當的字形變化，使句子語意完整、語法正確，且符合全文文意。(填空) (words in context)
- As a matter of fact, even before the __ (A) __ of the Tainan ban, many stores have already switched to paper cups. Besides paper cups, the Tainan City Government Environmental Protection Bureau has put forward a __ (B) __ that sellers take cups made of plant fibers into consideration.
- (A) _____ (B) _____
4. Which word in the third paragraph means “to reduce, cut short, or limit something” ? (填空) (words in context)
- _____

Vocabulary and Phrases

- | | | |
|-------------------------------|--|--------------------------------|
| 1. seasonal <i>adj.</i> 季節性的 | 4. beverage <i>n.</i> 飲料 | 7. fiber <i>n.</i> 纖維 |
| 2. artisanal <i>adj.</i> 手工的 | 5. seller <i>n.</i> 賣方；銷售商 | 8. sugar cane <i>n.</i> 甘蔗 |
| 3. on the go <i>phr.</i> 隨時隨地 | 6. follow in sb's footsteps <i>phr.</i> 仿效 | 9. reusable <i>adj.</i> 可重複使用的 |

Three Stars for Taïrroir and JL Studio

Since the 1900s, the Michelin Guide has been widely accepted as a guide to the best restaurants and hotels in the world. Restaurants awarded Michelin stars must be of a certain standard, with three stars being the highest rating and 1 as having “exceptional cuisine worth a journey.” Not only does being a Michelin-starred restaurant bring in many new 2, but it is also a badge of glory and honor for both restaurants and their chefs, recognizing them as being the best of the best on a global scale.

Taiwan’s restaurant industry has begun to grow again, despite the difficulties of COVID-19 of the past few years. In fact, in 2023, Taiwan had nearly 45 restaurants awarded Michelin stars—about a 20% increase from 2022. In addition to Taipei’s Le Palais, which has 3 three Michelin stars for six years in a row, Taipei’s Taïrroir and Taichung’s JL Studio have also received three stars. Taïrroir and JL Studio are also the world’s first three-starred Michelin restaurants to focus on Taiwanese and Singaporean food.

Taiwan has long been known for fresh produce



and the creativity of the chefs when it comes to food. Across the 4, new eateries that pride themselves on using local ingredients are constantly being opened, while older restaurants upgrade their menus. There has been a rapidly growing 5 in appreciation for food, giving Taiwan a reputation of being a “foodie” nation. In addition to the three-starred Le Palais, Taïrroir, and JL Studio restaurants, there are also many Michelin two-starred and one-starred restaurants to explore as well as eateries that are named on the Michelin Honorable Mention guide.

Fill in the Blanks

(A) considered

(B) rise

(C) nation

(D) received

(E) customers

1. _____

2. _____

3. _____

4. _____

5. _____

Vocabulary and Phrases

- | | | |
|------------------------------------|-------------------------------|-------------------------------|
| 1. exceptional <i>adj.</i> 卓越的，非凡的 | 4. chef <i>n.</i> 主廚 | 7. eatery <i>n.</i> 餐廳 |
| 2. cuisine <i>n.</i> 菜餚，美食 | 5. in a row <i>phr.</i> 連續不斷地 | 8. ingredient <i>n.</i> 食材 |
| 3. badge <i>n.</i> 徽章 | 6. creativity <i>n.</i> 創造力 | 9. reputation <i>n.</i> 名聲，名譽 |

譯

臺南將全面禁止使用一次性塑膠杯

臺灣是一個熱愛飲料的國家，每個角落都有商店販售各種季節性茶和手工茶。然而，這種隨時隨地購買飲料的習慣造成了大量的塑膠垃圾。2022年12月起，臺北市禁止所有飲料銷售商使用一次性塑膠杯。新北市效仿臺北市的腳步，於2023年5月全面禁止使用一次性塑膠杯。10月1日起，臺南市也將實施類似的禁令。臺南數以千計的飲料店已被告知即將到來的政策，並派出工作人員向市場小吃攤老闆通報新規定。

臺北和新北的商店選擇使用以前用來裝熱飲的紙杯來代替塑膠杯。甚至在臺南的禁令宣布之前，許多店家就已經改用紙包裝了。除了紙張之外，臺南市政府環保局還建議賣家考慮改用甘蔗、稻草或米等植物纖維製成的杯子。不過，大多數情況下，人們都在推行使用可重複使用的杯子。例如，臺北的許多飲料店都提供折扣，以進一步鼓勵顧客自帶杯子。

這項禁令是為了縮減臺灣民眾使用塑膠杯的數量；臺南市環保局認為，此舉將避免每年約1.6億個塑膠杯被使用和丟棄。不遵守新規定的賣家可能會被處新臺幣1,200元至6,000元之間的罰款。最終目標是到2024年在全國範圍內停止使用所有一次性塑膠杯。

譯

Taïrroir和JL Studio榮獲米其林三星

自1900年代以來，米其林指南已被廣泛接受為世界上最好的餐廳和飯店的指南。獲得米其林星級的餐廳必須達到一定的標準，三星級是最高評級，被認為擁有「值得一遊的非凡美食」。成為米其林星級餐廳不僅能帶來許多新顧客，而且對餐廳及其主廚來說也是一種讚美和榮譽的徽章，承認他們是全球範圍內最好的餐廳。

儘管過去幾年遭遇了COVID-19的困難，臺灣餐飲業開始重新增長。事實上，臺灣在2023年有近45家餐廳獲得米其林星級，較2022年增加約百分之二十。除了在臺北連續六年獲得米其林三星的Le Palais外，臺北的Taïrroir和臺中的JL Studio也相繼獲得米其林三星。Taïrroir和JL Studio也是全球第一家主打臺灣和新加坡美食的米其林三星級餐廳。

臺灣長期以來以新鮮農產品和廚師在食品方面的創造力而聞名。在全國範圍內，以使用當地食材為榮的新餐廳不斷開業，而老餐廳則升級菜單。人們對食物的鑑賞力迅速提高，使臺灣享有「美食」國家的美譽。除了三星級的Le Palais、Taïrroir和JL Studio餐廳外，還有許多米其林二星級和一星級餐廳以及米其林榮譽獎指南上提到的餐廳可供探索。

閱讀測驗解答：1. C 2. A 3. announcement; suggestion 4. curtail

文意選填解答：1. A 2. E 3. D 4. C 5. B

Acknowledgments

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